

# GRIP – Guided Retrieval in Physics

## Instructions for using GRIP substack posts:

<https://klausalbrecht.substack.com/about>

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Not every post explains itself. Rather, the whole thing makes more sense when you look at the individual posts as a whole.

Here is an overview of the website:

**GRIP – Guided Retrieval in Physics:** A statement about retrieval practice

<https://klausalbrecht.substack.com/p/grip>

**GRIP-ACT – Applied Concept Tasks:** A symbiosis of retrieval and practical student work

<https://klausalbrecht.substack.com/p/grip-act>

**GRIP-RESOURCES – Two Ways to GRIP It: Click It or Flip It:** Anki Cards and Hands-On Cards

<https://klausalbrecht.substack.com/p/grip-resources>

## TOPICS:

### SEEING AND HEARING

#### **Seeing and Hearing – Retrieval Cards**

<https://klausalbrecht.substack.com/p/seeing-and-hearing>

#### **Seeing and Hearing – Interactive Direct Instruction**

<https://klausalbrecht.substack.com/p/seeing-and-hearing-7ea>

#### **Seeing and Hearing – Check for Understanding**

<https://klausalbrecht.substack.com/p/seeing-and-hearing-073>

#### **Seeing and Hearing – GRIP-ACT Devices**

<https://klausalbrecht.substack.com/p/seeing-and-hearing-0f6>

### OPTICAL SYSTEMS

#### **Optical Systems – Retrieval Cards**

<https://klausalbrecht.substack.com/p/optical-systems>